Teladoc HEALTH | ALASKA ELECTRICAL TRUST FUNDS

How to set up your Teladoc Health account

Simply download the Teladoc Health app and follow the four steps you see below.

1. Confirm benefits

Provide some information about yourself to confirm your eligibility.

Let's start by finding your benefits

*Required

First name *

Last name *

Date of birth *
MM/DD/YYYY

Country *
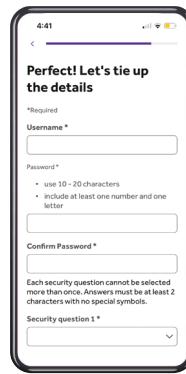United States Of America

Zip code *

Email address *
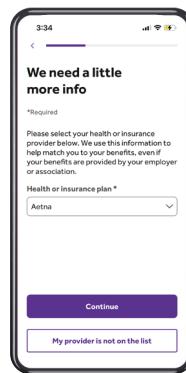
2. Select benefit provider

Confirm the coverage that has been matched to you. Please note your care option through your employer group will pop up here if a match is found. Click "Continue" to proceed with account set up.

We need a little more info

*Required

Please select your health or insurance provider below. We use this information to help match you to your benefits, even if your benefits are provided by your employer or association.

Health or insurance plan *
Aetna

Continue

My provider is not on the list

3. Create account

Provide your contact information.

Nearly done...please provide your address and phone

*Required

Street address 1 *

Street address 2 (optional)

City *

Country *
United States Of America

State *   Zip code *

4. Complete account

Create a username, password and pick security questions to ensure your account is secure.

Perfect! Let's tie up the details

*Required

Username *

Password *
• use 10 – 20 characters
• include at least one number and one letter

Confirm Password *

Each security question cannot be selected more than once. Answers must be at least 2 characters with no special symbols.

Security question 1 *

Once your account is created, eligible dependents under 18 years of age can be added in your account settings under the primary member. Dependents older than 18 should follow the steps above to create their own account.

Set up your Teladoc Health account today

Visit TeladocHealth.com

Call 1-800-835-2362 | Download the app 🍎 | 🤖